

Pangman School



April 2024

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www.secpsd.ca/schools/pangman



See page 4 for more photos.

April Events

- 7th Grad Bottle Drive
- 8th Loungewear Day
- 9th One School, One Book Kickoff
- 10th SRC at Noon
- 12th Pastel Colour Day
- 18th Tie-Dye Day
- 18th SRC at Noon
- 19th No School
- 20th Sr. Badminton Sub-Districts, Weyburn
- 26th Superhero Day
- 29th SRC at Noon
- 30th Panther Pride Day
- 30th Jr. Badminton Sub-Districts, Ogema

Jr. & Sr. Badminton Practice:
Tuesdays and Thursdays, 3:30-500pm

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Students of the Month for March 2024



K-2: For the hard work he has been putting into learning his letters and numbers, and for having a positive attitude towards learning. Great job!



Grades 3-5: For his dedication to his school work. He is a hardworking student who pushes himself to do his very best! Great job!



Grades 6-9: For his effort in math, and putting in a good effort into his assignments in other subject areas. Keep up the great work!



Grades 10-12: He has applied more effort into his writing assessments. He works hard to ensure his assignments are completed by the due date.

SRC Report

In the upcoming month SRC has planned some spirit days.

- April 8th Lounge Wear Day
- April 12th Pastel Colour Day
- April 18th Tie-Dye Day
- April 26th Superhero Day

SRC is also thinking of some ideas for the house teams! SRC is trying to plan around the STF teacher sanctions so please bare with us as we try and plan activities around that!



SCC Report



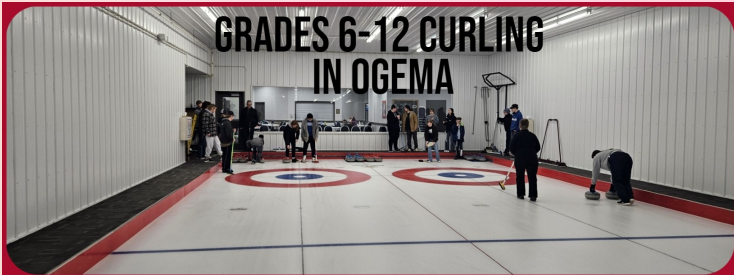
The SCC provided pizza lunch for the class with the highest attendance for February on March 26, 2024. The winners were the Kindergarten to Grade 2 class once again. Special shout out to the grade 6-9 class who were very close runners up!!

March 28th hot lunch for the whole school was chicken alfredo with garlic toast.

The Mom's Pantry Fundraiser ran from March 18th to March 28th. More information about our annual Mother's Day Flower Basket Fundraiser will be coming home this month. Brokenshell Blossoms will once again be doing the baskets. All monies raised are going towards the mural for the gym wall.

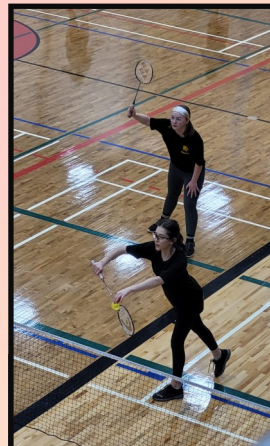
The SCC is happy to announce the artist who will be creating and painting the Mural. Pangman School Alumni, Catherine McIntyre (nee Reitler). Her amazing work can be found on Facebook at "Cat's Corner Studio".

If you are thinking about joining the SCC, please reach out to any current SCC member!



Jump Rope for Heart

Our 2024 Jump Rope for Heart Fundraiser was a huge success. Pangman School students raised \$740 for the Heart and Stroke Foundation! Congratulations to everyone who raised money and participated in this event and to the grand prize winner. Thank you to everyone who generously donated.



Sr. Badminton Tournament
Weyburn





Grades 6-9 Science



Making boats using different materials to see which materials float best.

Ready for
spring!



JOIN US FOR SOME MOTHER'S DAY SHOPPING!

Spring Tradeshow

50/50 TICKETS
RAFFLE
CANTEEN
LULULEMON RAFFLE
SATURDAY, MAY 11TH, 2024
10:00 am- 4:00pm
@ PANGMAN SCHOOL GYMNASIUM

To book a table please call (306)- 442- 2051
\$25 for non power \$30 for power and a donation item

In support of the Pangman School Yearbook Committee

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Green

Dress

Up

Day

Make the Healthy Choice Easy

A healthy school food environment supports health and learning.

The food environment is made up of *what* food is available, *where* it is placed, how much it *costs*, and how it is *promoted*. Our food environment influences the way we eat and the food choices we make. Children and youth spend a large portion of their day at school and the food choices available can impact their overall health, development, and learning.

Adults play an important role in making the healthy choice easy for everyone

How to help at home

- Involve your kids in planning and packing their school lunches.
- Stock healthy snacks that you can add to the main meal such as yogurt, lower fat cheese, and fresh vegetables and fruit.
- Send a reusable water bottle instead of juice boxes.

How to help at school

Work with your school to:

- Promote water as the drink of choice.
- Remove sugary drinks.
- Stock canteens, cafeterias, and vending machines with healthy options.
- Price healthy foods the same or lower than less healthy alternatives.
- Offer foods from different cultures in nutrition programs.
- Plan healthy or non-food based school fundraisers such as book fairs and trade shows.
- Celebrate birthdays and special events with healthy food options such as: fruit kebabs, vegetables and dip, make-your-own yogurt parfait, whole grain crackers and hummus.
- Join or form a school wellness committee.
- Limit marketing/sponsorship from companies that sell foods high in sugar, fat, and/or salt.
- Refer to [Healthy Foods for My School](#) and [Nourishing Minds](#) when making food and drink choices at school.

Photo by Bonnie Kittle on Unsplash

Written by Public Health Nutritionists (2022)
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Saskatchewan Health Authority

[saskhealthauthority.ca](https://www.saskhealthauthority.ca)

Healthy People, Healthy Saskatchewan

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
<p>Happy Birthday Jonathan!</p> <p>Easter / Spring Break—No School</p>						
7	8 Day 2	9 Day 3	10 Day 4	11 Day 5	12 Day 6	13
<p>Grad Bottle Drive</p> 	<p>Loungewear Dress Up Day</p> 	<p>Kindergarten</p> <p>Badminton Practice 3:30pm - 5:00pm</p> <p>One School, One Book Kickoff</p>	<p>SRC @ Noon</p> <p>Happy Birthday Grayson & Macey!</p>	<p>Kindergarten</p> <p>Happy Birthday Isaac!</p> <p>Badminton Practice 3:30pm - 5:00pm</p>	<p>Happy Birthday Hunter!</p>  <p>Pastel Colour Day</p>	
14	15 Day 1	16 Day 2	17 Day 3	18 Day 4	19	20
	<p>Kindergarten</p> <p>Happy Birthday Mr. Bourassa!</p>	<p>Kindergarten</p> <p>Happy Birthday Andrew!</p> <p>Badminton Practice 3:30pm - 5:00pm</p>	<p>Kindergarten</p>	<p>SRC @ Noon</p> <p>Tie-Dye Dress Up Day</p> <p>Badminton Practice 3:30pm - 5:00pm</p>	<p>No School</p> <p>Happy Birthday Keith!</p>	<p>Happy Birthday Miss Heggs!</p> <p>Sr. Badminton Sub-Districts @ Weyburn</p>
21	22 Day 5	23 Day 6	24 Day 1	25 Day 2	26 Day 3	27
	<p>Kindergarten</p>	<p>Badminton Practice 3:30pm - 5:00pm</p>	<p>Kindergarten</p>	<p>Badminton Practice 3:30pm - 5:00pm</p>	<p>Kindergarten</p> 	
28	29 Day 4	30 Day 5				
	<p>SRC @ Noon</p>	<p>Kindergarten</p> <p>Happy Birthday Auric!</p> <p>Jr. Badminton Sub-Districts @ Ogema 1pm</p> <p>Panther Pride Day</p> 				