



# Pangman School

## November 2023



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Box 188 Pangman, SK S0C 2C0

[www.secpd.ca/schools/pangman](http://www.secpd.ca/schools/pangman)

### November Events

1st	SRC Meeting at Noon
3rd	Career Dress Up Day
9th	SRC Meeting at Noon
10th	Remembrance Day Assembly
10th	Report Cards
10th	Formal Dress Up Day
13th	No School
15th	Student Led Conferences
16th	Student Led Conferences
17th	Camo Dress Up Day
17th	Purdys Paper Orders Due
19th	Purdys Online Orders Due
20th	SRC Meeting at Noon
24th	Farmer Dress Up Day
28th	SRC Meeting at Noon
29th	Picture Retakes & Grad Cap/Gown
30th	Panther Pride Day

PANGMAN GRAD  
CLASS 2024

## CHRISTMAS BAZAAR

To book a table call (306) 442-2051  
\$25 non power, \$30 power and donation item

**RAFFLE TABLE**

**50/50**

**CANTEEN**

**BAKING TABLE**

**LOTTO TREE**

**SANTA VISIT @2:00**

**DECEMBER 2ND, 2023**

**10:00- 4:00**

**Pangman School Gymnasium**



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BEFORE



Thank you to the  
Pangman SCC for  
updating the  
student lounge!

### New Student Lounge



AFTER

## Students of the Month for October 2023



K-2: For working hard in class, for working well with his classmates, and for a smooth transition into Grade One. Great job!



Grades 3-5: For being a good friend and an excellent helper. Keep up the good work!



Grades 6-9: For working hard in her classes, participation in class and on SRC, and a positive attitude toward school.



Grades 10-12: He has a great work ethic and always tries his very best.

## SRC Report

In October we started our Purdys chocolate fundraiser. Paper orders are due on November 17th and online orders are due November 19th.

We planned a Halloween door decorating competition. Congrats to the 6-9 class on winning with their “spooky spider” door. We also did a bunch of minute to win it games.

In November we are doing a “Menchies with your mentees”. This is a hot lunch in which students will be put into their mentorship partnerships and will eat their lunch and Menchies together!







# Open House & Book Fair



Thank you to everyone who  
attended the school's Open House  
and supported the  
2023 Book Fair!  
Congratulations to the  
winners of the Book Fair  
gift card raffles!

*thank  
you*







## Grade 3-5 Science

Students  
made  
wind vanes  
to test the  
direction of  
the wind.

## Kindergarten Pumpkin Exploration Activities





# 2023 Terry Fox Run



We would like to extend a huge thank you to everyone who collected pledges, participated in, and sponsored the 2023 Terry Fox Run. Special mention to Paul and Ashley Metke and the Pangman Tourism Committee for donating funds to purchase water bottles, juice boxes, and snacks. Thank you to all of the volunteers who helped before and during the run!





# Enjoy Meals Together

Eating and cooking together with family and friends gives children and youth a chance to try new foods and develop healthy eating habits while learning about different cultures and traditions.

## Eat together more often

Making time to enjoy meals with others takes some planning.

- Think about when your family is together. If evenings are too rushed to find time, plan to eat together at breakfast or on weekends.
- Plan a weekly meal with friends or neighbours.
- Participate in community meals and feasts.



Photo from: <https://food-guide.canada.ca/en/>

## Make it enjoyable

When eating with others:

- Take your time. Enjoy the social time together.
- Avoid distractions. Put down phones and toys. Be mindful of your time together.
- Connect and talk with those around you. Share what is going on in everyone's lives.
- Offer family foods without pressure. Enjoy the time together rather than worrying about who is eating what.
- Try out some conversation starters at [thefamilydinnerproject.org](http://thefamilydinnerproject.org)

Written by the Public Health Nutritionists (2022)  
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[saskhealauthority.ca](http://saskhealauthority.ca)

## Healthy People, Healthy Saskatchewan

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.



# November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Day 4	2 Day 5	3 Day 6	4
			SRC @ Noon Happy Birthday Mathias!	Kindergarten	Career Dress Up Day 	Happy Birthday Jack!
5	6 Day 1	7 Day 2	8 Day 3	9 Day 4	10 Day 5	11
Happy Birthday Denver!	Kindergarten		Kindergarten	SRC @ Noon	Kindergarten Remembrance Day Assembly 10:30am — Public Welcome Formal Dress Up Day	
12	13	14 Day 6	15 Day 1	16 Day 2	17 Day 3	18
Happy Birthday Paige!	No School		Kindergarten  Student Led Conferences	  Student Led Conferences	Kindergarten Purdy's Paper Orders Due Camo Dress Up Day	
19	20 Day 4	21 Day 5	22 Day 6	23 Day 1	24 Day 2	25
Purdy's Online Orders Due	SRC @ Noon Happy Birthday Presley!	Kindergarten Happy Birthday Kirby!		Kindergarten	Farmer Dress Up Day 	Happy Birthday Olivia & Jayde!
26	27 Day 3	28 Day 4	29 Day 5	30 Day 6		
	Kindergarten	SRC @ Noon	Kindergarten Picture Re-Takes; Gr. 12 Cap & Gown 	Panther Pride Day 		