



Pangman School



November 2022

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www.secpsd.ca/schools/pangman

November Events

- 3 Movie Character Day
- 3 Clothing Orders Due
- 4 No School
- 9 Gr. 9-12 Field Trip
- 10 Remembrance Day Assembly
- 10 Formal Day
- 11 No School
- 18 Hat Day
- 23-24 Student Led Conferences
- 24 Anything But a Backpack Day
- 25 No School
- 30 SRC Pancake Breakfast

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Lest We Forget

PANGMAN SCHOOL Christmas Bazaar and Craft Sale!

Homemade Soup/Bun
and Chili/Bun Lunch

Baking Table, 50/50 Tickets,
Lottery Ticket Tree and
Santa Visit @ 2:00

Saturday, December 3rd, 2022

10:00 am to 3:00 pm

Phone 442-2051 to Book Your Table

(\$25.00/Table)

2023 Grad Fundraiser



Fire Safety Day



Students of the Month October 2022



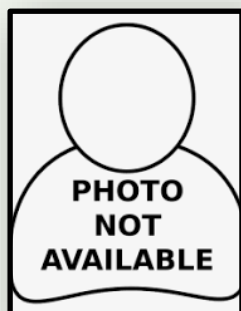
K-2: For being helpful, hard-working, and for being a leader in the classroom. Great job!



Grades 3-5: For her smooth transition into our school. She has been a great friend and kind classmate. She has been working hard in class and is determined to do her very best! Great job!



Grades 6-9: For always willingly and enthusiastically lending a helping hand!



Grades 10-12: He went on a trip at the end of September and has done a terrific job at getting caught up in all his classes. Keep up the good work!

Success and Achievement for Every Student.



On October 17th, in support of the Mazer family, Pangman School staff and students wore blue and green, Levi's favourite colours.



SRC Report

October was an exciting month for the SRC. We had many spirit days including Fall Colours Day, Formal Day, Pajama Day, Panther Pride Day, and Halloween Dress-up Day. We also did a fundraiser selling dough which was very successful. Thank you to everyone who supported us and bought dough or pizza from the fundraiser. Orders will be delivered Nov. 2nd. Another thing that we did was host the taco in a bag supper for the open house. We will have some fun activities on October 31st to get everyone into the Halloween spirit. Coming up in November we have our spirit days every Friday, November 3rd is Movie Character Day, November 10th is Formal Day, November 18th is Hat Day, November 24th is Anything but a Backpack Day, and November 30th is Panther Pride Day. Another thing coming up in November is a pancake breakfast fundraiser on 30th. The community and students are welcome to buy pancakes for their breakfast from 8am-9am. We are looking forward to another successful month for the SRC. Dough Fundraiser orders are to be picked up on Nov. 2nd from 3:20-4:00. If you are not able to pick up your order at this time please call the school and arrange a different time.



Open House & Book Fair





On September 27th Pangman School honoured Ms. Wendy Johnson with a ceremony which unveiled a memorial bench. Students rehearsed poetry and placed hand painted rocks around the bench. Staff and family members shared memories of Ms. Johnson.



Thank you to the Pangman Co-op for donating the flower pots and to Jeff West for picking up the bench.

Grade 10-12 Parents,

CAREER FAIR

Pangman School (grades 10-12) will be attending our Career Fair at WCS on November 9th. This event will provide an excellent opportunity for students in grades 10-12 to explore post-secondary and career opportunities. The expectation is that all students will attend as this field trip is an extension of the classroom. Please sign and return the permission slip that was sent home with students.

The format for the day at WCS includes a Trade Fair as well as classroom sessions. In addition to a wide variety of presentations from post-secondary institutions, there will be panel discussions and presentations from local industry and businesses. When we receive confirmation of our attendance, a registration link will be forwarded to us so that our students can choose the sessions that are of interest to them (this link will be sent out later in October). The day begins at 10:00am and ends at 3:00pm.

Iris Warren, Principal

PANGMAN SCHOOL CLOTHING ORDER

10% OF SALES GO TO THE PANGMAN SRC

****PERFECT GIFT FOR CHRISTMAS****

ORDERS DUE

NOVEMBER 3RD

1) CHOOSE YOUR CLOTHING & COLOUR

CREWNECK SWEATSHIRT *STYLE A*



ADULT- \$40
YOUTH-\$35
(YOUTH SIZES AVAILABLE IN COLOUR 36)

T-SHIRT *STYLE B*



ADULT- \$25
YOUTH-\$20

HOODIE *STYLE C*



ADULT- \$50
YOUTH-\$45

SWEATPANTS *STYLE D*



ADULT- \$40
YOUTH-\$35

****FOR 1XL-4XL PLEASE ADD ADDITIONAL \$2 PER ITEM****

2) CHOOSE YOUR LOGO & COLOUR

LOGO
COLOUR

- 1
- 2
- 3



A



B



C



D

SIZES AVAILABLE YOUTH SMALL -YOUTH XL, ADULT SMALL- 4XL

CUSTOMIZATION

NAME OR SPORTS ON SLEEVE \$ 1.00 A LINE

NAME ON BACK ACROSS BOTTOM \$5.00



STUDENT NAME

PARENT/GUARDIAN

PHONE NUMBER

| STYLE & COLOUR | LOGO & COLOUR | CUSTOMIZATION | SIZE | QTY | TOTAL |
|----------------|---------------|----------------------------|------|-----|---------|
| C3 | D 3 | LOCKERT (B) VOLLEYBALL (S) | L | 1 | \$56.00 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

PLEASE CIRCLE

GIFT ? YES OR NO

IF YES WE WILL CONTACT YOU TO ARRANGE DROP OFF

PAYMENT OPTIONS- TOTAL:

CASH OR CHEQUE (MEGAN BRICE)

IF YOU HAVE ANY QUESTIONS PLEASE CONTACT MEGAN (306)861-9715

No Microwave Lunch Ideas

Try some of these easy, healthy lunch ideas. No microwave needed.

Pack HOT leftovers in insulated containers and lunch bags



- Heat food in the morning, then put it in an [insulated container](#) (e.g. Thermos®) to help keep it warm until lunch and it is safe to eat. Try leftover soups, stews, curries, chili, pasta, and stir-fries.



Pack COLD foods with ice packs in insulated lunch bags

- Homemade or store bought ice packs work great to help keep foods cold and safe to eat. Try milk, cheese, yogurt, tuna salad, pasta salad, leftover meat, hard-boiled eggs, fresh spring rolls, sandwiches and wraps. Homemade Pizza and hamburgers are good cold too!



Try 'bento box' style lunches

- Mix and match easy to "grab and go" protein foods, whole grain foods and vegetables & fruit. Some ideas include: cut vegetables and fruit with dip; sliced cheese; deviled eggs; popcorn; pasta, rice or other grain salad; yogurt; and crackers with hummus. For more ideas see Canada's Food Guide [food-guide.canada.ca](https://www.food-guide.canada.ca)



Pack foods in reusable containers

- Not only are they convenient and better for the environment, but they are good for your budget too! Don't forget a clean reusable water bottle.
- For low-cost containers look in dollar stores, second hand stores, and garage sales.

Involve children and youth

- Plan and pack lunches together each week with your child. Let them have a say, but also give them some guidance. You decide what foods they can choose from.

Written by the Public Health Nutritionists of Saskatchewan (2022)

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www.saskhealthauthority.ca

Healthy People, Healthy Saskatchewan

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.



November 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------|-------------------------------------|---------------------------------------|---|---|--|------------------------|
| | | 1 Day 4 | 2 Day 5 | 3 Day 6 | 4 | 5 |
| | | SRC @ Noon Happy Birthday Mathias! | Kindergarten Afternoon-Dough Delivery | Clothing Orders Due  Movie Character Dress Up Day | No school Happy Birthday Jack! | Happy Birthday Denver! |
| 6 | 7 Day 1 | 8 Day 2 | 9 Day 3 | 10 Day 4 | 11 | 12 |
| | Kindergarten | | Kindergarten Gr 10-12 Field Trip-Career Fair in Weyburn | SRC @ Noon Formal Day Remembrance Day Assembly 10:15am—Public Welcome | No school Remembrance Day  | Happy Birthday Paige! |
| 13 | 14 Day 5 | 15 Day 6 | 16 Day 1 | 17 Day 2 | 18 Day 3 | 19 |
| | Kindergarten | | Kindergarten | Report Cards | Kindergarten Hat Day  | |
| 20 | 21 Day 4 | 22 Day 5 | 23 Day 6 | 24 Day 1 | 25 | 26 |
| Happy Birthday Presley! | SRC @ Noon Happy Birthday Kirby! | Kindergarten | Student Led Conferences | Kindergarten Student Led Conferences Anything But A Backpack Day | No school Happy Birthday Olivia & Jayde! | |
| 27 | 28 Day 2 | 29 Day 3 | 30 Day 4 | | | |
| | | Kindergarten | SRC @ Noon Pancake Breakfast-8am Panther Pride Day  | | | |