

# Pangman School



June 2018

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[www.cornerstonesd.ca/Schools/pangman](http://www.cornerstonesd.ca/Schools/pangman)

## Congratulations!



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## *Pangman School's Annual Awards Ceremony*



*Thursday, June 21st, 2018*

*2:00pm*

*Pangman School Gymnasium*

*Everyone Welcome*

### Dates to Remember - June

- 1 10-12 Field Trip
- 1 Panther Pride Day
- 1 K-6 Track Meet (Ogema)
- 4 Gr. 5-8 Track Meet (Weyburn)
- 5 Pre-K Visit
- 7 Alternate K-6 Track Date
- 8 Co-op Youth Camp Pres.
- 13 Hot Lunch
- 21 Awards Presentation 2pm  
\*Everyone Welcome\*
- 21 Last day of classes Gr. 10-12
- 22-27 Exams
- 27 Last day of classes K-9
- 27 Report Cards K-9
- 29 Report Card pickup Gr 10-12  
9:00am-10:00am

*"Success and achievement for every student."*

## Students of the Month for May



K-3: For working really hard on his writing and reading during the month of May.



Grades 4-6: For working hard and having a positive attitude.



Grades 7-9: For his willingness and determination to try new things on our trip to Dallas Valley.



Grades 10-12: For her outstanding presentation on Dark Matter in Physics 30 in the month of May, 2018.

## Track and Field

**Congratulations to Kianna Wolstenholme who will be representing Pangman School at Track Provincials in Prince Albert at the beginning of June! Kianna will be participating in high jump.**



The Elementary Track Meet will be on Friday, June 1st in Ogema. Come cheer on our athletes!



- Students can pack a lunch or purchase food and snacks from the canteen.
- Wear proper footwear and clothing as participants are outside all day.
- Bring sunscreen, hat, bug spray, and water bottle.
- We are leaving the school at 9:30am and will be back in time for the buses.
- The alternate date is Thursday, June 7th.





# June Exams – 2018

## Grades 10-12

Students will write exam at assigned time. Students will be in examination room or be allowed to study at home after the one hour in the examination room.

**You must hand in a signed permission form completed by parents and registered in the office by Wednesday, June 20<sup>th</sup> in order to study at home.**

<b>Friday, June 22<sup>nd</sup>, 2018</b>	<b>9:00am—12:00pm</b>	ELA B30(11 &12) Departmental Exam E.L.A.10B (10) History 10 (10) Final Project	Mrs. Warren
<b>Monday, June 25<sup>th</sup>, 2018</b>	<b>9:00am— 12:00pm</b>	Law 30 (11 &12)	Mrs. Warren
	<b>1:00pm—3:20pm</b>	FPC Math 10 WPA Math 20 WPA Math 30	Mr. Neithercut
<b>Tuesday, June 26<sup>th</sup>, 2018</b>	<b>9:00am—12:00pm</b>	Physics 30 (11 & 12)	Mr. Neithercut
<b>Wednesday, June 27<sup>th</sup>, 2018</b>	<b>9:00am— 12:00pm</b>	Chemistry 30 (11) Departmental Exam	Mr. Neithercut

## Dealing with Exam Anxiety

1. In the days / weeks leading up to a big test, spend your most 'intense' days of studying as early as possible. Avoid feelings of "running out of time" by making yourself a schedule and front-load the heaviest / most important topics you need to cover early on.
2. Do not cram the night before! Review what you have already looked at thanks to your well-organized schedule and be rested rather than scrambling till late at night.
3. On the day of the exam, give yourself extra time for everything in your normal routine. This will let you slow things down and keep control of your physical, mental and emotional reactions. Being a few more minutes ahead will go a long way to take the panic out of your mind.
4. Arrive early to your exam, but don't get caught chatting too much with friend and other students outside the room. This can be a big contributor to upping your anxiety going in. Try to balance staying focused with feeling loose.
5. If possible, choose a seat in the exam room that is most comfortable for you. Sitting next to friends might be a distraction if you keep thinking about how they are doing. Next to the door, teacher, or window will all have different pros and cons.
6. As soon as you start writing is usually the most anxiety provoking time. Read through each page before you start so you can plan and manage your time according to how much each section is worth. You might also choose an easier section to start with to build your confidence and ease into it.

C o u n s e l o r ' s

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# June 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Day 2	2
					Kindergarten Panther Pride Day  K-6 Track Meet (Ogema) Gr. 10-12 Field Trip (Dallas Valley)	
3	4 Day 3	5 Day 4	6 Day 5	7 Day 6	8 Day 1	9
	Gr. 5-8 Track Meet (Weyburn)	Kindergarten Pre-K Visit (9:15-11)	Happy Birthday Logan	Kindergarten K-6 <b>Alternate</b> Track Date (Ogema) in case of inclement weather on June 1	Co-op Youth Camp Presentation (ages 12-18)	
10	11 Day 2	12 Day 3	13 Day 4	14 Day 5	15 Day 6	16
	Kindergarten Happy Birthday Hailey		Kindergarten Hot Lunch (Taco in a Bag)		Kindergarten	
17	18 Day 1	19 Day 2	20 Day 3	21 Day 4	22 Day 5	23
		Kindergarten		Kindergarten Last day of classes Gr. 10-12  <b>Awards Presentation 2pm Everyone Welcome</b>	<b>Exams Begin</b> See schedule on pg. 4	
24	25 Day 6	26 Day 1	27 Day 2	28	29	30
	Kindergarten		Kindergarten Last day of classes K-9 Report Cards K-9	Teacher Planning	Teacher Planning Gr. 10-12 Report Card pick up 9-10am	