



Pangman School

November 2016

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Dates to Remember

November

- 4th—Panther Pride Day
- 7th—Flu Shots
- 9th—Retakes
- 10th—School Remembrance Day Program
- 11th—Remembrance Day (No School)
- 18th—Report Cards
- 22nd & 23rd—3-Way Conferences
- 25th—No School
- 28th—No School

PANGMAN SCHOOL Christmas Bazaar & Craft Sale!

Saturday, December 3rd, 2016

10:00 am to 3:00 pm

Phone 442-2051 to Book Your Table
(\$15.00/Table)

Lunch

Homemade Soup/Bun

Homemade Chili/Bun
& Doughnuts

Baking Table, 50/50 Tickets, Lottery Ticket Tree
and Much More ...

CarMa Spoon Rings and Things will be donating 15% of
earnings to the Graduates

"Success and achievement for every student."

*Pangman School's
Remembrance Day Program*

November 10th

10:30 am

Pangman School Gym

Everyone Welcome



Help us go Paperless

This newsletter is available digitally!

- www.pangman.ca
- Pangman School's Facebook page
- Via email
- On Pangman School's link through the SECPD's website

If you would prefer to stop receiving a paper copy and/or have the Pangman School's monthly newsletter emailed to you, please send your name and e-mail address to:

allison.kessler@cornerstonesd.ca



Students of the Month for October



K-3: For the kind, caring and positive friendship he has consistently demonstrated towards all student in our classroom during the month of October 2016.



Grades 4-6: For being an incredible helper at the Book Fair.



Grades 7-9: For working hard and getting her work done on time.



Grades 10-12: For her enthusiasm and effort during Phys. Ed.



THE TERRY FOX RUN

for cancer research

Congratulations to all of the 2016 Terry Fox Run participants. Our school raised approximately \$1300 toward cancer research!

Thank you for your support.



Volleyball is in full swing. The first two photos are of our team playing against Ogema and the last is in Filmore.



The grades 7-9 students are playing each other in Ultimate Tic Tac Toe. We've been having an in-class tournament to work on their logical decision making. Layton was 1st, Caleb was 2nd, and Kianna was 3rd.



Monday, October 24th

Pangman School's Open House and Book Fair

Thank you to everyone visited the Open House, Scholastic Book Fair, and the SCC Annual General Meeting.



Thank you for supporting the 2016 Scholastic Book Fair.

We have earned **\$804** dollars worth of new books for our library!



Congratulations to our raffle winner who won \$25 worth of books for himself and \$25 for his classroom.

A big thank you to Tessa, Caleb, Madison, Riana, Kianna, Nikita, Katie, Hailey, Baylee, Hunter, and Skylar for volunteering their time to make the Book Fair a success.

Breakfast Ideas

Aim for 3 of the 4 food groups of Canada's Food Guide

- Whole grain bagel with sliced cheese and tomato
- Scrambled eggs topped with cheese and salsa in a whole grain tortilla wrap
- Yogurt topped with granola and peach slices
- Whole grain muffin with a pear and glass of milk
- Whole grain bagel with sliced apples, sprinkled with cheese and cinnamon. This can be served cold or warm
- Oatmeal topped with walnuts, fruit, and a glass of milk
- Whole grain toast or tortilla with nut butter and banana and a glass of milk
- Hard cooked egg, yogurt and sliced oranges
- Berry yogurt smoothie and a hard cooked egg
- Poached egg on English muffin with tomato slices



Apple Cinnamon Baked Oatmeal

Ingredients

- 3 cups (750 mL) large flake oats
- 2 tbsp (30 mL) ground cinnamon
- 2 tsp (10 mL) baking powder
- ¼ tsp (1 mL) salt
- 1 ½ cups (375 mL) milk
- 2 eggs
- ½ cup (125 mL) unsweetened apple sauce
- ¼ cup (60 mL) canola oil
- ¾ cup (175 mL) diced apple
- ¼ cup (60 mL) raisins

Directions

1. In a large bowl, combine oats, cinnamon, baking powder and salt.
2. In another bowl, whisk together milk, eggs, apple sauce and oil. Pour over oat mixture and stir to combine. Stir in apple and raisins.
3. Divide mixture among 12 lightly sprayed muffin tins. Bake in preheated 350°F (180°C) oven for about 30 minutes or until tester inserted in centre comes out clean. Serve warm

Preparation time: 10 minutes

Cook time: 30 minutes

Makes: 12 muffins

Recipe from: www.eatrightontario.ca/en/Recipes/Kid-friendly-award-winning-recipes/Apple-Cinnamon-Baked-Oatmeal.aspx



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Written by the Public Health Nutritionists of Saskatchewan with support from Saskatchewan Health Regions (2016)




Healthy Snacks



Pangman School will continue to recycle pens, markers, and highlighters. The drop off container is located outside of the K-3 classroom. We also recycle household batteries, cell phones and chargers, digital cameras, and mp3 players.



November 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 DAY 3	2 DAY 4	3 DAY 5	4 DAY 6	5
			KINDERGARTEN		KINDERGARTEN  Panther Pride Day	
6	7 DAY 1	8 DAY 2	9 DAY 3	10 DAY 4	11	12
	Flu Shots	KINDERGARTEN	Picture Retakes	KINDERGARTEN School Remembrance Day Program 10:30am Everyone Welcome	Remembrance Day...  No School	Happy Birthday Paige Happy Birthday Callum
13	14 DAY 5	15 DAY 6	16 DAY 1	17 DAY 2	18 DAY 3	19
		KINDERGARTEN Happy Birthday Ariez		KINDERGARTEN	Gr 1-3 Care Home Visit Report Cards	
20	21 DAY 4	22 DAY 5	23 DAY 6	24 DAY 1	25	26
	KINDERGARTEN	3 Way Conferences Happy Birthday Lexy	KINDERGARTEN 3 Way Conferences		Day in Lieu of Conferences No School Happy Birthday Olivia	
27	28	29 DAY 2	30 DAY 3			
	No School Happy Birthday Nixon	KINDERGARTEN				