

Pangman School

April 2015

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The staff of Pangman School is overwhelmed with the incredible showing of support for our recent production of Aladdin. We would like to thank those who contributed in all forms whether through donations, volunteer time, or coming to watch the performance. The students enjoyed their time with the Missoula Children's Theatre coordinators and put on an amazing show!

Report cards are out and 3-Way Conferences will be taking place on April 1 and 2. We encourage all families to attend for this valuable opportunity to communicate with teachers and set goals.

There are a lot of exciting events coming up including Pink Shirt/Anti Bullying Day as well as Easter Activities on April 1. The Easter Break this year will be from Friday, April 3 to Sunday, April 12. Graduation will be on Friday, May 1 this year with the ceremony at 7:00p.m.

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Dates to Remember


April

- 1— Pink Shirt Day
- 1— Easter Games/Activities (noon)
- 1 & 2—3-Way Conferences
- 3-12—No School (Easter Break)
- 13— Back to School
- 17—Panther Pride Day
- 18—Driver Ed (9:00--3:30)
- 28 & 29—Driver Ed (3:30-5:30)
- 29—The Olden Days Dress Up Day



- May 1 — Pangman Graduation
- June 5—Kindergarten Orientation



There are 10 Easter eggs like this one  hidden throughout this newsletter. See if you can find them all!





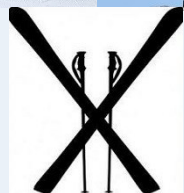
"Success and achievement for every student."



Super Hero Dress Up Day



Ski Trip



Students of the Month for March



K-2: In April, the students in the K-2 class are going to work very hard to be respectful to one another.



Grades 3-5: for her positive attitude towards her schoolwork and sharing her ideas with her classmates.



Grades 6-8: for consistently and thoughtfully completing assignments on time and for being a kind and courteous student.



Grades 9-10: for constantly getting her assignments in on time during the month of March.



Grades 11-12: for her adaptability, flexibility, and cooperativeness when working with students in her class and around the school.



Missoula Children's Theatre

Aladdin



We would like to thank everyone who supported this year's production of Aladdin.
Special thanks to the following sponsors:

Charity Farms
John Sheppard
Chuck Jacques
Sabrina Quigley
Allison Kessler
Tom and Debbie Kessler
True Grit Construction
Pangman Café
Richard and Stella Strobl
Radius Credit Union Pangman Branch



Thank You!

Pangman Co-op
Doug Lillejord
Svedahl Oilfield Consulting Ltd.
Simon Chan
Pangman Library
Hoff Insurance
Pangman Economic Development Board
Broken T Ranch
Janelle Fettes
Barber Motors

Congratulations for winning 3rd
and a certificate in our zone for
his black and white Remem-
brance Day poster in the primary
category.



Congratulations for win-
ning 1st for her Remem-
brance Day poem in the
senior category at zone,
district and provincial
levels. She received a med-
al for zone, \$30 for district,
and \$75 for the provincial
level for her poem Blue
Butterfly.

Congratulations for winning the
Outstanding Ballet Duo award in
the 11 and under category at the
Ogema Dance Competition on
March 21st.



Blue Butterfly



War not only physically hurts you
but mentally scars you with the image of death.
When I was young I played with toy guns
and chased blue butterflies thinking it was fun
Now I know that hearing the cries of someone you just shot

Is no fun at all,
I am no killer, barely a man
with only a few fingers left on my hands.
Anger and courage floating all around me
While fear and hurt ache in my bones.
But I put on my mask and act like I'm not bothered
But deep inside I am slowly dying
For I do not deserve to live
What kind of man can get away with murder?

You see I'm not like them,
I'm not one who can handle death with ease
These tears in my eyes can't wash away all the terrible memories.
This cold war is beginning to eat at me
With each day, and with each night
It never gets better.
Waking up in the same hell that I can never escape.
Men all around me. Some dead, some alive, For those who can survive
Feel the victory of being alive, only for some time.
But you will have to walk around
With the images of the war locked in your mind for the rest of your life.

For 69 years those memories still appear
But like those blue butterflies, I hope they will fly away.
For today you and I walk free
but I, an old man with only a few fingers left on my hands,
am proud of what we accomplished, but scarred for what we had to do for our freedom.
Freedom is never free, so please do not forget all the memories.

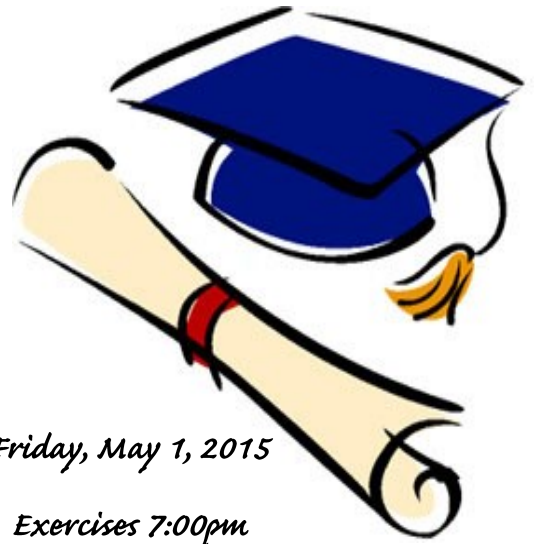
Graduation 2015



Graduates

Jordan Bedard

Lilia Svedahl



Friday, May 1, 2015

Exercises 7:00pm

NEW TOTAL Heart&Stroke **JUMP** ROPE FOR HEART

The final numbers have come in. We have raised

\$2372.30

Pangman School will be reintroducing the Fluoride Mouthrinse Program.



What is a Fluoride Mouthrinse Program?

An effective way to prevent tooth decay.

Fluoride mouthrinse programs are offered in many Saskatchewan schools. They are a safe and effective way to prevent decay. Once a week, under supervision, the students rinse with a 0.2% neutral sodium fluoride mouthrinse for one minute. The solution is not swallowed.

Please contact the school if you have any questions.

The SRC made \$183.67 selling Candy Grams before Valentine's Day. This money will go towards the expense of protective cases for the iPads the SRC purchased earlier this school year in order to keep the iPads in the best possible condition. Thank you to everyone who supported the candy gram fundraiser.

Wednesday, April 1, 2015



Healthy Foods for my School



School and home environments that support healthy food choices can help students do better in school and be healthier over all. The food students eat has a direct effect on how well they do in school and on their health. Students who eat the right amount of healthy food do better in school and are healthier. Create a healthy food environment at school and home with these ideas.

Teach and practice healthy eating

- Teaching about healthy eating at school and at home is important. Part of learning about healthy eating is practicing. Offer healthy foods in school nutrition programs and canteens, involve your student in planning and preparing healthy meals at home. Talk to your school administration about incorporating healthy foods in cooking classes or afterschool programs. If your student's school does not offer these classes, ask how you can help to support offering food preparation classes. This way, children can practice what they learn about healthy eating.

Make the healthy choice the easy choice

- Convenience foods, like frozen meals, tend to be short of vegetables, fruit, and milk products and so should be very occasional choices rather than every day lunch items.
- Snack foods like chips, candy, and pop fill children up, but don't supply any of the nutrition they need to grow and learn.
- Provide healthier choices, such as trail mix, yogurt, milk, or fruit cups, in school canteens or vending machines.
- Healthy drink choices include milk, 100% juice and water.

Rewards not "treats"

- Use non-food items for rewards in the classroom and at home. Be creative.

Make it last

- Talk to your school community council and school administration about creating a school food policy to promote healthy foods in your school.



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What is kindergarten readiness?

You know your child best. Think about what your child is like when playing with others and when alone in their room. Then ask yourself the following:

- 1) Can my child listen to instructions and then follow them? Children need these skills to function in class, to keep up with the teacher and with their peers.
- 2) Can my child put on their coat and go to the bathroom by themselves? Children need to be somewhat self-sufficient by school age.
- 3) Can my child use scissors, hold a crayon or a pencil or pick up small objects or manipulate pieces to complete a puzzle? Children will need these fine motor skills.
- 4) Does my child show an interest in books? Do they try to "read" a book by telling a story based on the pictures? This is a sign that their language development is on a par with other kindergartners.
- 5) Is my child curious and receptive to learning new things? If a child's curiosity is stronger than their fear of the unfamiliar, they will do well in school.
- 6) Does my child get along well with other kids? Does my child share and know how to take turns? Your child will be interacting with other children all day, so your child's social skills are particularly important for success in school.
- 7) Can my child work together with others as part of a group? The ability to put their needs second, to compromise and join in a consensus with other children, is also part of emotional competence.

If you answered "yes" to most of these questions and "sometimes" to the rest, your child is ready for kindergarten.



If your child will be turning 5 in 2015, please contact the school in your area for information on registration.

♥ Welcome to
Kindergarten

On **Friday, June 5**, the students who will be starting Kindergarten are invited to join the K-2 class for the day. Invitations and more information will be sent to students by mail. If you have a student who will be starting Kindergarten in the fall at Pangman School, please call the office to ensure that their name is on the list and the address information we have is correct.

APRIL 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 DAY 1	2 DAY 2	3	4
			KINDERGARTEN 3-Way Conferences Easter Games & Activities @ Noon Pink Shirt Day Happy Birthday Ava	3-Way Conferences	Good Friday No School Happy Birthday Jonathan	Happy Birthday Kianna
5	6	7	8	9	10	11
Easter Sunday 	Easter Break No School	Easter Break No School	Easter Break No School	Easter Break No School	Day in Lieu of Conferences No School Happy Birthday Grayson	
12	13 DAY 3	14 DAY 4	15 DAY 5	16 DAY 6	17 DAY 1	18
Happy Birthday Hunter	KINDERGARTEN		KINDERGARTEN		KINDERGARTEN  Panther Pride Day K-2 Library	Driver Ed 9 - 3
19	20 DAY 2	21 DAY 3	22 DAY 4	23 DAY 5	24 DAY 6	25
Happy Birthday Alyscia		KINDERGARTEN		KINDERGARTEN	Gr. 1-2 Care Home	
26	27 DAY 1	28 DAY 2	29 DAY 3	30 DAY 4		
	KINDERGARTEN	Driver Ed 3:30-5:30	KINDERGARTEN The Olden Days Dress Up Day Driver Ed 3:30-5:30 Happy Birthday Patricia Happy Birthday Layton Happy Birthday Jacey			