

Pangman School

November 2014

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www.cornerstonesd.ca/Schools/pangman

Principal's Message

Thank you to all who participated in our OPEN HOUSE. It is a great opportunity for students, staff and parents to "see and feel" the great learning environment our staff create. Thank you to the SRC for providing the superb meal for our guests. Fundraising through our SRC bring many assets to our school and this year we will be purchasing eight IPADS that will enhance our ability to enrich their learning environment. The BOOK FAIR was again a success. With the parents and communities purchases our children walked home with many interesting titles for their reading enjoyment. Through these purchases the school was able to add \$938.00 of new books to our Library.

The School Community Council held its Annual General Meeting and I thank all stakeholders who let their name stand and join our SCC. The SCC's role is an ear, a voice and a support to the school to ensure that we are meeting the community's needs. I welcome the new board members and look forward to working with them to better Pangman School.

November is a month to remember those who put themselves in harm's way for our country. I invite the community to join us for the Remembrance Day Service on November 10 starting at 10:50 am. November is also the month we hold our Three Way Conferences. Three Way Conferencing is an important process in your child's education. The purpose of a student led conference is to allow the individual child to take ownership of his/her learning and articulate both learning strengths and areas needing improvement. When students are able to do this, their learning inevitably improves. Pangman School staff invite you to participate in your son's or daughter's academic achievement by joining us in conference on the evenings of November 19 & 20.

Have a great November!

Best regards,
Laury A. Ryan

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Dates to Remember

Nov. 7- We Day for Grades 6-8

Nov. 7- Panther Pride Day

Nov. 10- School Remembrance Day
Service 10:50am

Nov. 11- Community Remembrance Day
Service 10:30am

Nov. 11- No School

Nov. 14- Report Cards

Nov 19 & 20- 3-way Conferences

Nov. 21- No School

See calendar for more events.



Bus Students

There has been some concern about buses dropping off younger children if there is not an older sibling or adult at home. Parents, please make sure there is a responsible person at home when your child/children are being dropped off. It is recommended that anyone 11 and under should not be left at home alone.

Also, with the upcoming winter weather, we would ask that all children are dressed appropriately for winter weather.



"Success and achievement for every student."

Pangman School Cross Country Running Team

Hailey H
Maddox
Skylar
Emma
Riana
Caleb
Ava
Jimmy

Coach – Miss Quigley

The team travelled to the 14th Annual University of Regina Cougar Trot on Saturday, September 13. The runners competed at districts against runners from across the Southeast Cornerstone School Division and Holy Family School Division on Wednesday, October 1.

At districts, we had a student place fourth
out of forty four grade four girls.
Congratulations!



Students of the Month for October



K-2: for his consistent, positive attitude, friendly personality, strong work ethic and helpfulness in the class- room.



Grades 3-5: for her efforts in her daily work, and for her positive attitude when working with others.



Grades 6-8: for consistently putting her best effort into her work, working well independently and participating fully in group work. She also shows she cares about her school and the students by offering to help and by doing random acts of kindness, such as bringing in forgotten jackets from outside or picking up garbage in the hall.



Grades 9-10: for her enthusiasm to learning no matter the subject area.

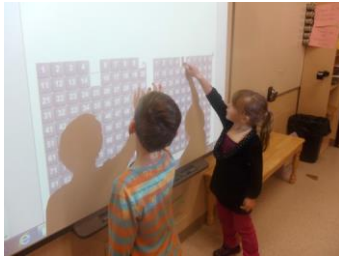


Grades 11-12: for her genuine enthusiasm for the annual Pangman School Book Fair. You are a great ambassador of reading and books!

NEW SCC MEMBERS NAMED AT ANNUAL MEETING

Rheanne Schilling	Leanne Lillejord
Nancy & Errol Andersen	Lori Wolstenholme
Brad Fellner	Justina Pingert
Boyd Tourscher	Laury Ryan

Busy Days at Pangman School!



The students are using the interactive 100 Chart on the Smartboard to practice their skip counting skills.



Twin Day Spirit Award Winners



Turkey Day Spirit Award Winners



A student is reading to his great grandma and another care home resident during our Reading Visit.



The students are engaged in practicing counting to 100 with a friendly game of Snakes and Ladders.



Grades 3-5 Halloween Costumes



Happy Halloween!



OPEN HOUSE

Our Open House was well attended. Guests enjoyed a delicious supper, toured the school, and enjoyed the Book Fair. The SCC Annual General Meeting wrapped up the evening.



★ Library Receives \$940 Worth Of New Books! ★



Our annual Scholastic Book Fair was a huge success! Thanks to the generosity of everyone who supported the Book Fair, our library will receive **\$940** worth of new books! Students helped choose new books they would like in our library.



Congratulations to John Friesen and Mrs. Walters' classroom who won the Family/Classroom draw giving them each \$25 worth of books. Corny Friesen was the winner of the "Guess the Pages" contest. Winners of the classroom draws were TJ, Grayson, Kadan, Jacey, Layne, Troy, and Lilia.

Thank you to families who granted wishes in the Classroom Wish List Program by donating books to teachers' classrooms.



A huge thank you goes out to all the volunteers who gave their time to help set up, organize, and run the Book Fair. Many thanks go to Jacey, Ava, Riana, Anna, Kianna, Kadan, Hannah, Caleb, Natalie, Nikita, Elizabeth, Patricia, Kassie, Brett, Lexy, and Taryn. The Book Fair wouldn't have been such a huge success without



On October 17, Grades 6-12 travelled to Yellow Grass for a Leadership Presentation.



Congratulations to the Junior Volleyball team who placed Second Place at the Midale Volleyball Tournament (right) and first place in Milestone!



7th Annual Charity Farms Harvest Supports Pangman

The 2014 Pangman Charity Farms harvest is in the bin. This has become the major fundraising initiative in support of Pangman School. Adding to the success of this year's harvest were Curtis Bourassa, Hudson Bourassa, John Colbow, Wayne Colbow, Lawrence Fellner, Mike Fellner, John Friesen, Brian & Gladys Jesse, Mark Johnson, Ken & Joyce Kaufmann, Wayne & Connie Lozinsky, John Metke, Adam Sambrook, Rodger Sambrook, Eileen Tunall, Elwood White. A big thanks also to E. Bourassa & Sons, Farm Credit Corporation, Saskatchewan Municipal Hail, Pangman Co-op, Mandy Rowland (Bayer Crop Science), and Weyburn KFC.



Enterovirus D68 Fact Sheet

THE  LUNG ASSOCIATION
Saskatchewan

What is an enterovirus?

- Enteroviruses are a large group of viruses that can cause a number of illnesses, including lung infections

What is Enterovirus D68?

- Enterovirus D68 most often affects children, particularly those under the age of five. Children with breathing troubles, such as asthma or allergies, are more at risk
- This infection is most often seen in the fall
- It is not the flu (influenza)

Is it serious?

It can be serious. Some children have needed hospitalization, sometimes in the intensive care unit

Symptoms:

This virus starts off like a cold but can get worse and may cause breathing problems.

Symptoms can include:

- Runny or stuffy nose or sneezing
- Cough
- Wheezing (particularly if there is a history of asthma or past wheezing)
- Chest congestion
- Difficulty breathing
- Body aches

When to see your doctor or go to Emergency:

If your child has:

- Rapid breathing or trouble breathing
- Wheezing
- Coughing continuously
- Not able to sleep
- Hard time keeping fluids down

If your child gets sick:

- Keep the child at home until better
- Get them to rest
- Provide plenty to drink
- Treat the fever (with acetaminophen or ibuprofen – never give Aspirin)
- Antibiotics do NOT kill viruses

Children with asthma may need to take more asthma medicines.

Stop the spread:

- Wash hands often with soap and water for at least 20 seconds
- Use hand sanitizer
- Avoid touching face without washing hands
- Avoid contact with others who are sick
- Clean areas of the home often touched (i.e. door knobs, computers, counters, remotes)
- Cough or sneeze into your elbow

For more information on this or any other lung condition contact us

www.sk.lung.ca

1-888-566-LUNG

Certified Respiratory Educators are available to help



Grades 6-8 Staying Healthy



Are you having difficulty with blended family challenges, family crisis, or acting out teens? Struggling with marriage breakdown, partner abuse, or are you a survivor of childhood sexual abuse? Have your children been affected by family conflict or separation and divorce? Envision can help. We provide counselling and support for couples, individuals, children, and families.

To make an appointment that is free and confidential call one of our offices:

Estevan 306-637-4004 ~ Weyburn 306-842-8821 ~ Carlyle 306-453-2405



Women's Wellness Day

November 19
11am to 7pm

Bengough Health Center



WOMEN'S WELLNESS CENTER
Primary Healthcare for Women

Call to book your appointment
306-268-2048



The **Oral Health Standards of Care** program will continue to be delivered by Sun Country Health Region Population Health department to help improve children's oral health by increasing access to dental care, particularly preventative services. These services consist of an oral assessment, referral and follow-up from the Dental Health Educator (DHE), fluoride varnish and dental sealants for children with early childhood tooth decay (ECTD). We are planning to visit your school in **2014-2015**. The program includes:

- **Grade 1** students: a **dental screening/assessment** followed by a prevention plan. This may include a **fluoride varnish treatment and/or dental sealants** placed on **permanent 6 year old molars**.
- **Grade 7** students: a **dental screening** followed by a treatment plan for that child. Treatment may consist of a **fluoride varnish treatment and/or dental sealants** placed on **permanent 12 year old molars**. Note: sealants may be booked on a following day.



NOVEMBER 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 DAY 1	4 DAY 2	5 DAY 3	6 DAY 4	7 DAY 5	8
	KINDERGARTEN SCC Meeting	6-8 Intramurals Hot Lunch	KINDERGARTEN	6-8 Intramurals Yearbook Meeting	KINDERGARTEN  Panther Pride Day WE DAY Picture Retakes PM	Senior Girls Volleyball Playoffs in Gladmar
9	10 DAY 6	11	12 DAY 1	13 DAY 2	14 DAY 3	15
	Remembrance Day Service 10:50	No School Remembrance Day Community Service 10:30am School Gym	KINDERGARTEN Mentor Math	RK/JR Volleyball Playoffs Gladmar	KINDERGARTEN K-2 Library Report Cards 6-8 Intramurals	Senior Boys Volleyball Playoffs in Ogema
16	17 DAY 4	18 DAY 5	19 DAY 6	20 DAY 1	21	22
Happy Birthday Elizabeth	6-8 Intramurals	KINDERGARTEN	Medieval Day 3 Way Conferences Happy Birthday Anna	KINDERGARTEN 3 Way Conferences	No School Day in Lieu of Conferences	Happy Birthday Lexy
23	24 DAY 2	25 DAY 3	26 DAY 4	27 DAY 5	28 DAY 6	29
----- 30	Elder Visit 2:00pm 6-8 Intramurals	KINDERGARTEN PJ Day	Mentor Reading	KINDERGARTEN	Gr. 1-2 Care Home Football Friday Dress Up/ Activities at noon	



PANGMAN SCHOOL 2014-2015 Yearbook Sponsorship Form

I wish to be a sponsor of the 2014-2015 Pangman School Yearbook. The sponsorship levels are:

Bronze	\$10.00
Silver	\$25.00
Gold	\$50.00
Platinum	\$75.00

Business Sponsorship

Business Name: _____ Amount \$_____

Please send your business card and donation to:

Pangman School Yearbook Committee

P.O. Box 188

Pangman, SK S0C 2C0

If you have an electronic version of your business card, please email it to sabrina.quigley@cornerstonesd.ca

Individual or Family Sponsorship

Name(s) to be printed

_____ Amount \$_____

Please make cheques payable to Pangman School.

PANGMAN SCHOOL 2014-2015 Yearbook Order Form

I wish to purchase _____ Pangman School Yearbook(s)
at \$15.00 per book.

Name: _____ Amount Enclosed: _____

We need your input to make a difference!

We are asking for your help in promoting our online survey for a cyberviolence project that is very important to the community. This is a two year project made possible by Status of Women Canada. The goal of this project is to find solutions to the emerging issue of cyberviolence in Southeast Saskatchewan. Envision is working with community partners to determine the severity of the issue and the effectiveness of current solutions in the Southeast. With these partners, Envision will devise and implement a strategy that, aligned with the provincial framework, makes the greatest impact in our communities while attempting to influence change in overall beliefs about cyberviolence and digital citizenship. We will be focusing our data collection on youth grades 7-12, teachers, parents, service providers and various community organizations through an online survey and focus groups. Data collection will be completed by December 2014 and will help to find solutions to prevent cyberviolence. This project is currently funded to address the needs of young women and girls experiencing online violence, however, it is our hope that in the future we can use the information collected to make a difference for all those experiencing violence online. In addition, Envision is willing to set up support computers at three way conferences in schools and during lunch periods to help expose our online survey and project.

If you would like to participate in our online survey please go to the following link: www.surveymonkey.com/s/cyberviolence

If you would like to be involved in a focus group or would like more information, contact Juli in our Estevan office at 306-637-4004 or juli.envision@sasktel.net.

Juli Dzuba

Cyberviolence Project Coordinator

P: 306-637-4004

juli.envision@sasktel.net

envisioncounsellingcentre.com

[Check us out on Facebook](#)



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